ECTS Information Package

Trnava University

ECTS Information Package



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1. Cost of living

Cost of living relatively low compared to other Central and East European countries (250-300 € is average monthly living cost for students), which makes the studies a lot more affordable. We suggest that students bring approximately 250 – 300 € per month to cover all their basic living costs. The final cost of living depends on student's personal lifestyle.

Examples of living expenses - approximate price in Euro per month

- accommodation at dormitory: 50.00 – 60.00 €

- food: 150.00 €

- other personal expenses:

(cinema, cultural events, restaurant) 70.00 €
TOTAL 270.00 €

2. Accommodation

Trnava university provides an accommodation for incoming students in dormitory "Miloša Uhra" located about 20 minutes walking distance from main building of Trnava university. The dormitory is about tenminutes walking from the Trnava Railway station.

We offer places in modules consisting of two double-rooms. Single rooms are not available. The unit system consists of twin rooms (double room with two separate beds) sharing bathroom facilities. A small kitchen is usually at the end of each corridor. All rooms have internet access. Students will need to bring along their own towels and kitchen utensils. Bedding will be available.

As far as sports activities, there are gyms, sports grounds for playing basketball, volleyball, tennis courts and swimming pool.

The monthly cost of one place is about 55.00 € paid in cash. The rent should be paid every month, in advance. Upon the registration, you will be charged a deposit of 100.00 € which will be returned to you at the time of your leaving, after you return the key.

Upon your arrival you will be required to submit the following documents:

- to sign a housing contract for the planned length of stav
- valid passport or ID Card
- 2 photos (3 x 3.5 cm)

Address: Dormitory "Miloša Uhra"

Ján Botto street 21

917 74 Trnava

Other student houses situated in Trnava:

Accomodation facility SOŠE Trnava (VUJE), Sibírska 1, Trnava Accomodation facility SOŠPSV, Zavarská 9, Trnava House of Youth SOŠOS, Lomonosovova 6, Trnava Accomodation facility PN Invest (ŽOS), Koniarekova 21, Trnava

Student house situated in Jaslovské Bohunice and Zavar

Accomodation facility Jaslovské Bohunice, Hlavná 1/70, Jaslovské Bohunice Accomodation facility Flat Line (ZAVAR), Poronda č. 42 - 45, Zavar

Other housing possibilities

The easiest way (except for staying in a hotel) is to rent a private apartment. In such cases, it is recommended to sign a lease contract with your future landlord defining precisely the terms and conditions of the stay in the apartment. The apartments should be provided with basic pots, dishes, linens, etc. Most apartments have washing machines. The approximate monthly price per person is 100.00 €.

3. Meals

The university canteen is located in the main university building and offers four meals including the vegetarian meal (price 1.90 – 5.50 € for a full meal). The easiest way for students to get a hot meal is also go to the student canteen at the dormitory (called "Mensa") which offers a variety of cheap meals every day. Meals are ordered with the International Student Identification Card (ISIC), which allows students to use the student canteen. There are several pubs and restaurants in the close vicinity of the university faculties. In Trnava there are several supermarkets, as well. The big shopping centre called "MAX" is near the student's dormitory. Restaurant meal ranges from 4.00 to 10.00 €. However, doing own cooking is the cheapest solution.

4. Medical facilities

In Slovakia there are state and private health care providers. An initial medical examination is provided by state or private general practitioners. You can receive health services in the following areas: primary health care, specialist out-patient care, hospital treatment, dental treatment, rescue services and ambulance transport.

EU/EEA citizens: in case of need to provide for medical care, a student from a member country staying temporarily in the territory of Slovakia is entitled to free health care on the basis of the European Health Insurance Card (EHIC) or in particular cases on the basis of a special certificate. The student is obliged to present one of these documents (it is advisable to have also a copy) together with an identity document directly to the public health care provider.

Students outside EU/EEA countries are advised to consult medical insurance authorities in their home country in order to ensure that they have valid insurance during their stay in Slovakia. When they do so, they are entitled to visit any general practitioner. A valid insurance card is required in all cases of medical care. You can get prescription medicine only at pharmacies called 'Lekáreň' in Slovakia (marked with a green cross). In every town there is always one emergency pharmacy open 24 hours a day, 7 days a week. Here you can get aspirin and general painkillers over the counter without prescription. If you currently take medication, please bring an additional prescription and a letter from your doctor explaining why you need to take this medication (prescription dosages, etc.). In case you run out of medication, it will be easier for you to get what you need. If possible, bring enough medication with you to last throughout your stay.

General practitioner for university students:

MUDR. Ľubica ĎURKOVÁ

Tel: +421(33)59 53 111/233, +421 (33) 59 53 234

Opening hours: from 10.00 a.m. to 12.00

Address: Health Center "Družba", Starohájska 2, Trnava

http://maps.google.com/

Dentist:

MUDr. Jarmila Funtíková

Tel: +421(33) 53 49 281/125

Opening hours:

Monday: from 8.00 a.m. to 2.00 p.m. Wednesday: from 8.00 a.m. to 6.00 p.m.

Friday: from 8.00 a.m. to 12.00

Address: SOU, Ferka Urbánka st. 19, Trnava

http://maps.google.com/

The most important emergency phone numbers in Slovakia

Police Corps	158
Fire Brigade	150
Medical emergency	155
SOS, emergency call	112
Information on phone numbers in Slovakia	1181

5. Facilities for special needs students

There is a barrier-free entrance in the main building of Trnava iniversity where the student canteen is located. Trnava university also actively promotes and supports the integration of handicapped students in their studies at the university. Trnava university is able to accept students with visual, auditory and movement disabilities. The Faculty of Arts and Philosophy can offer a compensatory aid which help the students handle their study better.

6. Insurance

All international students must arrange health insurance prior to their arrival to the Slovak Republic. Students from EU/EEA countries who are insured need to bring their European Health Insurance Card with them, which can be obtained from their insurance companies in their home countries. If students have arranged insurance only in home country they have to pay for the treatment immediately on the spot. The costs will be reimbursed by insurance company after their arrival back home. Students can receive health services in the following areas: primary health care, specialist out-patient care, hospital treatment, dental treatment, rescue services and ambulance transport. The European Health Insurance Card cannot be used for private sector health care providers.

Students from NON-EU countries have to register for the Slovak health insurance. "The Confirmation of Health Insurance" (translated in Slovak language) is also required by Foreign Police Department. It costs about 150.00 €.

7. Financial support for students

International students have different options available for financial support. The Ministry of Education, Science, Research and Sport of the Slovak Republic offers scholarships for study stay within accredited study/doctoral programmes or academic stay at public universities or institutes of the Slovak Academy of Sciences for:

- foreign university students for 5-month stays
- foreign PhD students for 5-month stays (age between 23 and 35);

foreign academics for 3-month stays (age between 30 and 50).

Holders of a scholarship of the Ministry of Education, Science, Research and Sport of the Slovak Republic are exempt from administration fees for granting of a permit and the extension of a permit for temporary stay in Slovakia pursuant to internal legal regulations of the Slovak Republic.

For more information go to: www.studyin.sk, www.minedu.sk.

Visegrad Scholarship – International Visegrad Fund

The International Visegrad Fund offers Master's and Post-Master's scholarships awarded to selected scholars for periods of 1 or 2 semesters at public universities in Slovakia. http://visegradfund.org/scholarships/.

Action Austria – Slovakia, Cooperation in Science and Education

The Programme is administered by SAIA, n. o. Through the programme, financial support is provided to Austrian PhD students to support their study/research stays (scholarships) or to create partnerships with other PhD students doing research in the same or closely related field (cooperation projects). Students from the 2nd level of university education (e.g. Master students) apply for scholarships for stays in Slovakia connected with their master thesis preparation. Students and PhD students can also apply for summer language courses in Slovakia www.scholarships.at.

Trnava university grants its regular students with financial support of social scholarship and motivation scholarship. Social scholarship from the state budget can be awarded to full-time students upon their written application for awarding of social scholarship, accompanied by relevant documents. Motivation scholarship may be awarded to students with excellent study results.

8. Students affairs office

Each faculty of Trnava university has its own Students affairs office which provides all services for students from the admission to the completion of their study.

Faculty of Education Ing. Ľubica Cepková <u>lubica.cepkova@truni.sk</u> +421/033/59 39 525

Faculty of Health Care and Social Work Mgr. L'ubica Valčuhová lvalcuh@truni.sk +421/033/59 39 450

Faculty of Theology Martina Benigna Hodásová, SJ studijne@tftu.sk +421/02/5277 54 76

Faculty of Law Mgr. Andrea Mašková andrea.maskova@truni.sk +421/033/59 39 614

Faculty of Philosophy and Arts Antónia Haladová <u>ahalad@truni.sk</u> +421/033/59 39 387

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There is a central Student affairs office at the rectorate. This office works cooperatively with other university divisions and departments to provide students with quality services. Students can consult all problems connected with their study within a given study programme here, either personally or in writing.

Head of Students affairs office: Ing. Gabriela Sekerešová, Ph.D.

Tel: +421(33) 59 39 293

E-mail: gabriela.sekeresova@truni.sk

The **International Relations Office** is the center of the university's international activities. It provides support and advice to international students and researchers, and co-ordinates projects and programs in co-operation with our international partners.

Contact:

Ing. Marta Sečkárová E-mail: <u>martasec@truni.sk</u> Mgr. Jana Kováčová

E-mail: <u>jana.kovacova@truni.sk</u> Tel: +421(33) 59 39 207

Address: Trnava University in Trnava Hornopotočná 23 918 43 Trnava SLOVAKIA

9. Learning facilities

Trnava university offers to students excellent teaching facilities, well-equipped lecture rooms and laboratories as well as modern computer rooms and well-appointed library.

The library has a large collection of printed materials and an extensive electronic online system. The printed collection includes about 75,000 volumes of books and periodicals, as well as newspapers, maps and other materials including foreign ones. In addition, the library has adequate number of PCs and CD-ROM databases. The Central University Library, open to students, teachers and the public, is one of the central services offered by the Trnava university. The Central University Library provides access to the information resources required by students and members of the university. It is located at the main building of Trnava university (Hornopotočná 23) and additional libraries are located at Faculty of Law, Faculty of Theology, Faculty of Arts (Department of Classical Philology "Okalianum", Department of Classical Archeology, Department of Philosophy) and The Michal Lacko's Centre of Spirituality East-West (it is a branch of the Faculty of Theology in Košice, orientated on publications of Eastern rite). All faculties have both reading rooms and computer rooms available. You need a student card (ISIC) to access these rooms. There are also designated areas where you can use your own laptop.

10. International programmes

Trnava university has signed over 100 bilateral agreements within the Erasmus programme with European universities. Furthermore, the university cooperates with other institutions around Europe and

the United States. Faculties of Trnava university participate in EU projects implemented within European programmes such as Leonardo and CEEPUS. Trnava university is a member of the European Academy for Science and Arts, the European University Association, the Magna Charta Universitatum, the European Association of Erasmus Coordinators and the Danube Rector's Conference.

Action Austria - Slovakia, Co-operation in Science and Education

Its purpose is to promote and further develop cooperation between university and scientific institutions in Slovakia and Austria through grant support to joint projects and individual scholarships. The programme is funded by annual contributions from Slovakia and Austria.

National Scholarship Programme

The National Scholarship Programme of the Slovak Republic is intended to support mobility of foreign students, PhD students, university teachers and researchers to stay at Slovak universities and Slovak research organizations. The scholarships of the National Scholarship Programme of the Slovak Republic are also intended for students and PhD students of the slovak universities to cover living costs of their study at a second level of higher education, or of their study or research stay during their PhD study, at a foreign university or at a foreign research organization.

CEEPUS — Central European Exchange Program for University Studies

University cooperation is focused on the preparation of joint programmes and joint diplomas, mobility of university students, PhD students and university teachers, student excursions, professional language courses and summer schools. If a higher education institution does not participate in the programme network, its students and PhD students may still apply for scholarship under the category "freemover". For more information go to www.ceepus.inf.

11. Practical information for mobile students

Admission

If you wish to come to Trnava university as an Erasmus student check with your home Erasmus Institutional Coordinator whether your university has an Erasmus bilateral agreement with Trnava university. When you are nominated by your university as an Erasmus student, please fill in the Application form, Learning agreement, Accommodation form and send them to our International Relations Office. We shall approve the Application form, Learning agreement and send them back to you together with a Letter of Acceptance. All application documents must be accompanied by a covering letter from an Erasmus coordinator (either Institutional or Departmental) at your home institution. Application documents:

- Application form
- Learning agreement
- Application form.

Please note, that all documents must be sent before the deadlines listed below.

Deadlines:

- 30 June for the winter semester/full academic year;
- 30 November the summer semester.

Entry Requirement/Visa/Permit of Residence

Students from EU/EEA member states and Switzerland do not have to apply for a visa or residence permit. EU students need only a valid travel document (passport) or national identity card for their entry to Slovakia. No later than 10 working days after students arrival to Trnava university they are required to register their stay with the local Foreign Police Department, unless the provider of accommodation (e.g.

dormitoryl) does it instead. Students have to fill in "Form notice of the stay". If EU citizens intend to stay in the Slovak Republic for more than three months they must apply for residence permit (within 30 days after the expiry of 90 days). The following must be attached to the "Application for the registration of right of residence of Union Citizen"

- a copy of the applicant's passport,
- document on provision of accommodation,
- document certifying the purpose of the stay.

Non-EU Students

Students from other countries (non-EU) are required to have a valid visa for their stay in the Slovak Republic. They should apply for visa at the Slovak Embassy or Consulate in their home country at least 6 weeks prior to their depature. Students from NON EU/EEA have to register for Temporary Residence Permit at the Foreign Police Office within three working days after their arrival to Slovakia.

Within 30 days upon granting Temporary Residence Permit students shall undergo a health inspection in the medical facilities dealing with exotic diseases (it costs about 100.00 €) and are legally obliged to submit to Foreign Police Office the following: Confirmation of Health Insurance valid at the territory of Slovakia for the whole period of stay and Confirmation of health status not older than 30 days, confirming that the third-country student does not suffer from any disease endangering public health.

How to get to Trnava

By bus: Trnava lies at the crossroads of two roads of international importance; from the Czech Republic to southern Slovakia and from Bratislava to northern Slovakia. The bus station is located next to railway station about 15 minutes walking from the dormitory. Trnava has good bus connection to the Slovak capital Bratislava and also direct bus lines to some major European cities such as Prague, Vienna, Munich.

By train: Trnava lies on major Slovak train route (from Bratislava to Žilina and Košice). Therefore, there is quite easy railway access from most of the major slovak cities. Train travel from Bratislava takes only about 30 minutes and trains run almost every hour. Trnava has direct railway connections with these European capitals: Vienna, Warsaw. Kiev.

By plane: If you have to take a plane, we recommed two airports, M. R. Štefánik International Airport and Vienna's Schwechat International Airport.

Thanks to the short distance from Vienna to Bratislava (60 kilometres) it is possible to use Vienna's Schwechat International Airport (<u>www.viennaairport.com</u>) and then take a bus or a taxi to Bratislava. Just in front of the arrival hall at Vienna airport you will find the platform for departure of buses leaving to Bratislava, where you can change to bus/train to Trnava. There is also a special bus connection between Bratislava M. R. Štefánik International Airport and Vienna's Schwechat International Airport, operated by Blaguss Slovakia. For the schedule and prices go to <u>www.blaguss.sk.</u>

M. R. Štefánik International Airport is located 15 km from the Bratislava Old Town. At the airport you can take bus No. 61 to Main Railway Station (in slovak "Hlavná železničná stanica").

After your arrival, the first step is to go to your place of accommodation, to collect the room key and sign the rental contract. Dormitory is about 10 minutes walking from Trnava railway station. We advise you to arrive during the reception opening hours. The first working day after your arrival you will meet the members from the staff of the International Relations Office (IRO), who will help you arrange all necessary documents for registration at the university (student identification card, university library and canteen registration, a password for access to the university internet network and other areas). For

students, the most advantageous is the worldwide recognised ISIC (International Student Identity Card). This card can be issued to you by the CIS staff. After a photo is taken of you, your identification will be ready after a short wait, and will be handed over to you on submission of documents confirming the payment of fees. The charge is EUR 8.00 which can be paid through a payment by a postal order.Next you will meet members of the staff from the department, where you will discuss details of your study plan.

12. Language courses

Each faculty of Trnava university offers for foreign students English lesson according to the study programme actual for the appropriate academic year. For foreign students are also organised Slovak language courses by the Faculty of Education.

National Agency of the Lifelong Learning Programme in the framework of the Erasmus programme organises Erasmus Intensive Language Course (EILC) for Erasmus students coming to the Slovak Republic. The EILCs, an initiative supported by the European Commission, are intended to enable Erasmus students to function socially and academically in a host country whose language is not widely spoken or taught abroad. The EILCs take place before the start of the winter or the summer term.

Detailed course information is available from university Erasmus coordinators and from the following web sites:

www.saaic.sk or http://ec.europa.eu/education/programmes/llp/erasmus/eilc/index_en.html

13. Interships

Trnava university does not offer interships on courses and programmes taught in Slovak neither English.

14. Sports and leisure facilities

In student's dormitory for sports activities there are gyms, sports grounds for playing basketball, volleyball, tennis courts and swimming pool.

Students who like sport can go to several new sport facilities. In the Sport Centre "Pohoda" there is squash, tennis courts and fitness. In shopping centre" Max" there is also fitness centre with aerobic. You can play tennis in sport centrum "Slávia", too. There is also bowling centre in centre " Družba". Most of these sport centers are located within walking distance from the campus.

Trnava University Sports Days

The most important sports activity which has become a tradition are the Trnava University Sports Days. They are regularly held tournaments of faculty teams in football (men) and backetball (women) competing for a Trnava university Rector's Challenge Cup, the table tennis players (both men and women) compete to be the University Champion.

Hiking event

Every year in September there is a whole-university hiking event "University Day" where together the hiking paths of picturesque environment of Malé Karpaty are being hiked.

Trnava university Floorball team

There has been a floorball team for several years at the Trnava university successfully representing the university at occasional tournaments.

Options for regular recreational sports activities

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The Centre for student support - section of Sports provides for rental of gyms and swimming pools for regular sports activities of the students of Trnava university. In the academic year 2012/2013 the following sports facilities are rented in Trnava:

- Gym SOŠOS, Lomonosovova 2797/6 (University Dance Center, floorball)
- Gym in "Športové gymnasium", Bottova 31 (football)
- Town swimming pool "Zátvor", Rovná 9 (swimming)
- Swimming pool at the dormitory M.Uhra, Bottova 23 (swimming)

15. Student associations

The Student Higher Education Council

is a supreme representative body of Slovak higher education students (www.srvs.sk).

ESN Slovakia (Erasmus Student Network)

Erasmus Student Network Slovakia (ESN Slovakia) is a non-profitl student organisation founded in 1990 for supporting and developing student exchange. Its mission is to represent international students, thus provide opportunities for cultural understanding and self-development under the principle of Students Helping Students. ESN Slovakia is an advisory body of Slovak Academic Association for International Cooperation (National Agency).

ESN Slovakia aims at working in the interest of students who are spending parts of or their entire formal education at a higher education institution in Slovakia. ESN aims at creating conditions for the better understanding of each other's cultures between students of different origins (www.esn.sk).

AIESEC

(Association Internationale des Etudiantsen Sciences Economiques et Commerciales) is a non political, non profit and independent organisation. Members are interested in world issues, leadership and management. International platform enables young people to discover and develop their potencial to provide leadership for a positive impact on society. AIESEC provides its members with an integrated development experience comprised of leadership opportunities, international interships and participation in a global environment (www.aiesec.sk).

AIESEC Trnava

Address: Nám. J. Herdu 2, 917 01 Trnava

Email: aiesectt@aiesec.sk

ELSA (The European Law Students' Association)

is an international organisation associating law students and young lawyers. In the Slovak Republic, ELSA is functioning at the Faculties of Law of the Comenius University in Bratislava, Pavol Jozef Šafárik University in Košice, Matej Bel University in Banská Bystrica and University of Trnava (www.elsa.sk, www.elsa.sk, www.elsa.sk,

ELSA Trnava

Právnická fakulta TU Kollárova 10 917 01 Trnava www.tt.elsa.sk

UPeCe (University Pastoral Centre of saint Stanislav Kostka in Trnava)

Address: Hornopotočná 23, 917 01 Trnava

E-mail: upece.tt@gmail.com

Student Holy Mass every Wednesday at 7.30 pm (Jesuits Church, Štefánikova Street)